



Affiliated to the Northumberland & Durham A.S.A.

Present Their
JUNE VELOCITY
LEVEL 3 MEET 2024

(Under World Aquatic Rules, ASA Guidance & ASA Law)
 License Number 3NE240991

DATE: 1st and 2nd JUNE 2024

Venue: - Woodhouse Close, Leisure Complex, Bishop Auckland, Co. Durham

SATURDAY 1st June

Session 1 (a.m.)

Start time 9am

- | | |
|---------------------|-------------------|
| 1. Female 9/Over | 200m I.M. |
| 2. Open/Male 9/Over | 100m Breaststroke |
| 3. Female 9/Over | 100m Freestyle |
| 4. Open/Male 9/Over | 100m Butterfly |
| 5. Female 9/Over | 200m Backstroke |
| 6. Open/Male 9/Over | 200m Breaststroke |

7. Female 12/Under SKINS

8. Female 13/Over SKINS

Session 2 (p.m.)

Start time tbc

- | | |
|----------------------|------------------|
| 9. Open/Male 9/Over | 200m Butterfly |
| 10. Female 9/Over | 200m Freestyle |
| 11. Open/Male 9/Over | 50m Breaststroke |
| 12. Female 9/Over | 50m Freestyle |
| 13. Open/Male 9/Over | 100m I.M. |
| 14. Female 9/Over | 100m Backstroke |
| 15. Open/Male 9/Over | 50m Butterfly |
| 16. Female 9/Over | 50m Backstroke |

- | | |
|-------------------------------------|------------------|
| 17. Final Open/Male 12/Under | 50m Breaststroke |
| 18. Final Open/Male 13/Over | 50m Breaststroke |
| 19. Final Female 12/Under | 50m Freestyle |
| 20. Final Female 13/Over | 50m Freestyle |
| 21. Final Open/Male 12/Under | 50m Butterfly |
| 22. Final Open/Male 13/Over | 50m Butterfly |
| 23. Final Female 12/Under | 50m Backstroke |
| 24. Final Female 13/Over | 50m Backstroke |

SUNDAY 2nd June

Session 3 (a.m.)

Start time 9am

- | | |
|----------------------|-------------------|
| 25. Open/Male 9/Over | 200m I.M. |
| 26. Female 9/Over | 100m Breaststroke |
| 27. Open/Male 9/Over | 100m Freestyle |
| 28. Female 9/Over | 100m Butterfly |
| 29. Open/Male 9/Over | 200m Backstroke |
| 30. Female 9/Over | 200m Breaststroke |

31. Open/Male 12/Under SKINS

32. Open/Male 13/Over SKINS

Session 4 (p.m.)

Start time tbc

- | | |
|----------------------|------------------|
| 33. Female 9/Over | 200m Butterfly |
| 34. Open/Male 9/Over | 200m Freestyle |
| 35. Female 9/Over | 50m Breaststroke |
| 36. Open/Male 9/Over | 50m Freestyle |
| 37. Female 9/Over | 100m I.M. |
| 38. Open/Male 9/Over | 100m Backstroke |
| 39. Female 9/Over | 50m Butterfly |
| 40. Open/Male 9/Over | 50m Backstroke |

- | | |
|-------------------------------------|------------------|
| 41. Final Female 12/Under | 50m Breaststroke |
| 42. Final Female 13/Over | 50m Breaststroke |
| 43. Final Open/Male 12/Under | 50m Freestyle |
| 44. Final Open/Male 13/Over | 50m Freestyle |
| 45. Final Female 12/Under | 50m Butterfly |
| 46. Final Female 13/Over | 50m Butterfly |
| 47. Final Open/Male 12/Under | 50m Backstroke |
| 48. Final Open/Male 13/Over | 50m Backstroke |

- Electronic Timing
- Computer Recording
- 25m 6 Lane Anti-Wave Pool

Age Groups 9, 10, 11, 12, 13, 14, 15, 16/over
 Contact - GalaConvenorWVASC@outlook.com

CLOSING DATE : 1st MAY 2024



JUNE 2024

VELOCITY

MEET INFO

1. This meet is held under World Aquatics Rules, Swim England Guidance & Swim England Law.
2. The pool is 25m in length having 6 lanes fitted with anti-wave lane ropes using the Colorado Electronic Timing System.
3. Warm-ups will be split, with morning warm-up starting @ 8:00 (may be subject to change) with the afternoon warm-up to be advised. All will be confirmed upon receipt of accepted entries.
4. All withdrawals must be presented in the back room no later than 60minutes before the commencement of each session.
5. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
6. Heats will be seeded by submitted entry times from slowest to fastest all heats will be spearheaded.
7. The organisers reserve the right to limit entries. If the event is oversubscribed, entries will be rejected from the FASTEST entries fairly across all age groups to ensure completion of the meet within the scheduled timescale of 3 hours and 15 minutes.
8. Events which are Heat Declared Winners (HDW) are 200m Breaststroke, 200m Backstroke, 200m Freestyle, 200m Butterfly, 100m Breaststroke, 100m Backstroke, 100m Freestyle and 100m Butterfly with awards being made to the first 3 in each age group as stated on the program. Ages are as at 2nd June 2024.
9. If a swimmer does not intend to swim a final or skin race, please notify the back room immediately so a reserve can be called.
10. All heats except backstroke will use over the top starts.
11. All competitors must go through the marshalling process. If a competitor does not report to marshalling on time, the race will proceed without the competitor concerned. **We will not call for individual swimmers.**
12. Poolside and late entries, at a cost of £9.00, may be accepted at the discretion of WVASC subject to space being available in an event.
13. There will be no refunds on accepted entries.
14. The order of events may be changed at the discretion of the meet organiser.
15. When swim down facilities are available, a lifeguard will be present for safety reasons. However, club coaches will be responsible for the behaviour of their own swimmers. Any swimmers found to be misbehaving or not utilising the swim down facility appropriately will be asked to leave the swim down pool.
16. Disability swimmers:
 - a) There are no qualifying times for disability however they should submit a time for the seeding of the heats.
 - c) Poolside passes will attract the advertised fee and chaperones and personal care assistants must conform to the Swim England Child Protection Procedures and hold a current DBS Certificate.

- d) The competition format will be based on disability inclusion within the able-bodied programme – there will be no separate events or medals for disability swimmers.
 - e) Disability swimmers will be included in the results.
 - f) A secondary strobe will be made available.
17. For health & safety reasons any swimmer wearing body paint will not be allowed to enter the water.
 18. Swimmers & spectators are advised to ensure the safety of their belongings as neither the competition organizers nor pool management can accept any responsibility for loss or damage. Any property lost or found should be handed to the organizer.
 19. The use of image-capturing equipment (Still or Video) in changing and spectator area for ANY REASON is STRICTLY FORBIDDEN. Anyone found acting contrary to this policy will be reported and may be subject to further action. Only an officially designated photographer and DBS checked poolside pass staff will be permitted to use image-capturing equipment during the meet poolside.
 20. Please be aware that we share the premises with other users. This especially applies to changing room facilities. Anyone causing a nuisance in shared areas will be required to leave the premises immediately without any refund of entries.
 21. Any swimmer or spectator found vandalising Woodhouse Close Leisure Complex will be required to leave the premises without any refund of entries.
 22. Lead referee for this meet is Christine Golightly, contact details are christine.golightly@hotmail.co.uk
 23. All competing Clubs are requested to provide officials to ensure the smooth running of the meet. Please email GalaConvenorWVASC@outlook.com with availability.
 24. The Referee's decision regarding the interpretation and judgement of World Aquatic Rules.



Skins Information – *VELOCITY* Gala – June 2024

1. This 'Skins Event' will be a continuous **competition commencing with 6 competitors** and over a continuous series of races over a distance of 50m. One or more competitors to be eliminated in each round until a winner is determined. Races in each competition will take place following an interval of 3 minutes from the start of the previous race a warning signal being given 10 seconds prior to the start of each round.
2. Skins competitions will be held for:
 - (a) Females 12yrs/Under
 - (b) Females 13yrs/Over- Events (a) and (b) will swim concurrently
- 12yrs/Under competition starts first, with a separation of approximately 90 seconds.
 - (c) Open/Boys 12yrs/Under
 - (d) Open/Boys 13yrs/Over- Events (c) and (d) will swim concurrently
- 12yrs/Under competition starts first, with a separation of approximately 90 seconds
3. The prizes for each event will amount the following in either cash and/or cash value voucher to be:
1st - £30 2nd - £25 3rd - £20 4th - £15 5th - £10 6th - £5
4. The competitors for each Event shall be the first six swimmers 12yrs/Under and 13yrs/Over in the 200IM determined by the published results from the qualifying events. (Should a withdrawal or non-appearance occur, there will be no replacement of swimmer, swims WILL take place until the required number of swimmers need to be reduced to keep rotation of races correct).
5. Lanes will be allocated based on 'spearheading' in accordance with WA swimming rule SW3.1.2 – the fastest swimmer occupying the centre lane. Swimmers are required to swim in their allocated lane whilst they remain in the competition until the final race.
6. The stroke for each individual race will by random draw from a choice of Freestyle, Breaststroke, Butterfly and Backstroke. The draw for the stroke to be contested in the first round will be undertaken by a Referee.
7. Draws for subsequent rounds will be by the swimmer eliminated from the previous round. If more than one swimmer is eliminated in a round, the draw will be by the first swimmer eliminated, or by decision of the Referee if eliminated at the same time.
8. The first race in each Event will commence in accordance with SE Swimming Rules governing the Start of the selected stroke. Each race shall be over a distance of 50m.
9. Subsequent rounds will start at the starting end of the pool, following an interval of 3 minutes from the previous Start. A verbal warning will be given 10 seconds prior to the Starting signal being sounded. No verbal commands will be given. Competitors' feet, or hands in the case of Backstroke must be in contact with the Starting Platform or Grips when the Start Signal is given. For Backstroke rounds competitors will start in the water with both hands holding the starting grips. For forward starts swimmers are required to have at least one foot at the front of the Starting Platform.

10. In all races swimmers are required to comply with the WA Swimming Rules regarding Stroke and Finish conditions – failure to do so will lead to elimination by disqualification – any competitor so eliminated will receive any prize money won to that time including the round in which eliminated.
11. The slowest competitor in each round shall be eliminated – unless a competitor has been eliminated by disqualification, in which case an eliminated competitor remains in the competition.
12. Apart from the first round, times achieved by swimmers are not to be used for any other purpose. Determination of the slowest swimmer will be by the Referee utilising either Automatic Officiating Equipment (AOE), manual timing or Finish Judges, in accordance with WA Swimming Rules governing placing.
Should AOE be used the Referee shall determine whether it operated correctly.
13. In the case of more than one swimmer being disqualified, or a dead heat for the slowest swimmer all affected swimmers are eliminated and the accumulated prize money for the positions divided equally between the relevant swimmers.
14. Should for any reason the competition has to be halted before its conclusion it shall restart with a re-swim of the round halted, or subsequent round if halted following the correct completion of a round. The Start of the recommencement of the competition will be in accordance with the FINA Swimming Rules of the relevant stroke.
15. In the case of a dead heat in the final race, it will be re-swum as an additional round in accordance with the Event conditions, referee to draw stroke.
Determination of the result following a subsequent dead heat maybe determined by any means agreed by the affected swimmers, e.g. further swim off or dividing prize money.
16. Colours drawn shall be: **Yellow, Butterfly**: **Green, Backstroke**: **Blue, Breaststroke**: **Red, Freestyle**.



JUNE 2024 **VELOCITY** MEET

Qualifying times

UPPER LIMITS								
OPEN/MALE					FEMALE			
11/under	12	13	14/over		11/under	12	13	14/Over
31.30	29.50	28.50	24.00	50 Free	30.80	29.00	28.00	26.70
1.09.00	1.04.00	1.02.00	54.50	100 Free	1.07.00	1.03.50	1.00.00	56.00
2.30.00	2.16.00	2.12.00	1.58.00	200 Free	2.28.00	2.16.00	2.11.00	2.02.00
36.00	33.00	31.00	27.50	50 Back	35.00	33.00	30.50	28.00
1.20.00	1.13.00	1.08.00	59.00	100 Back	1.17.00	1.11.00	1.06.00	1.00.00
2.51.00	2.35.00	2.26.00	2.08.00	200 Back	2.45.00	2.33.00	2.24.00	2.13.00
42.50	38.00	36.00	31.50	50 Breast	40.00	36.50	35.00	33.00
1.36.00	1.25.00	1.17.00	1.08.00	100 Breast	1.29.00	1.22.00	1.16.00	1.10.00
3.19.00	3.00.00	2.50.00	2.25.00	200 Breast	3.08.00	2.56.00	2.50.00	2.35.00
37.00	34.50	31.00	26.50	50 Fly	32.00	31.00	29.50	28.00
1.23.00	1.14.00	1.08.00	58.50	100 Fly	1.13.50	1.09.00	1.06.50	1.00.00
3.16.00	2.48.00	2.32.00	2.13.00	200 Fly	2:50.00	2.38.00	2.26.00	2.13.00
1.16.5	1.12.2	N/A	N/A	100 IM	1.16.3	1.11.5	N/A	N/A
N/A	N/A	2.28.00	2.10.00	200 IM	N/A	N/A	2.26.00	2.16.00



JUNE 2024 **VELOCITY** MEET

Entry Form

Club _____ Tel. No _____
Competition Secretary _____ Email Address _____
Total No of Individual Disk Entries _____ @ £7 per swim
Total £ _____
Number of Poolside Passes _____ @ £20.00 each (Inc food, start lists, results)

Please forward all entries and complete entry form to
GalaConvenorWVASC@outlook.com

with bank transfer as follows –

Sort code: 30-92-79
Account no: 03195383
Account name: Wear Valley Amateur Swimming Club

CLOSING DATE FOR ENTRIES
1st MAY 2024